



Caring Hands

Position Overview

Caring hands volunteers provide non-therapeutic, gentle hand massages to patients, residents and family members. These massages are designed to offer soothing relaxation and comfort.

Why is this area important?

The Caring Hands program allows volunteers to make an immediate positive impact on individuals through one-on-one touch. This soothing experience can distract from aches and pains and provide comfort to those experiencing stress or loneliness. Caring Hands is a simple way to make a big difference to Winona Health patients, residents, families and guests.

Volunteer Shifts: Saturday-Sunday, flexible

Minimum Requirements

Volunteers are required to attend a Caring Hands training session and an annual in-service training. Volunteers must comply with patient/resident confidentiality requirements, organizational and departmental policies and procedures and federal, state and local laws. It is also important for volunteers to read, understand and exemplify Winona Health's Mission, Vision, Values and Behavioral Standards.

Additional Qualifications

- Excellent communication and listening skills
- Good at making small talk if appropriate
- Strong hand dexterity
- Friendly, people person
- Organized
- Comfortable working with multiple people/groups
- Ability to convey a calm presence
- Capacity to work in a quiet or silent environment
- Comfortable using lotion and hand sanitizer
- Demonstrate service excellence

Thank you for considering this volunteer opportunity. If you are interested in becoming a Winona Health Volunteer, please complete an application online at winonahealth.org/volunteer or call the Volunteer Office at 507.474.3328.

WHVolunteers
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www.winonahealthfoundation.org/volunteer 507.474.3328