



# Healing Hugs

## Position Overview

Healing Hugs volunteers provide hand-knitted shawls for our Pastoral Care staff to give to families and patients when in need of extra support. Healing Hugs volunteers also make fleece blankets or shawls for staff in other departments to give to patients as needed.

## Why is this area important?

People receive the shawls or blankets at some of their darkest moments. These gifts are intended to provide a sense of comfort and security to people who are dealing with the loss of a family member or other difficult situation. Blankets also may be given to individuals or families who are suffering or in need of warmth. The blankets and shawls serve as a warm hug, letting patients know that people are thinking about them.

**Volunteer Shifts:** Flexible hours. Knitting/sewing in groups or knit/sew from the comfort of your own home.

## Minimum Requirements

Volunteers must attend an annual in-service training and comply with patient/resident confidentiality requirements, organizational and departmental policies and procedures and federal, state and local laws. It is also important for volunteers to read, understand and exemplify Winona Health's Mission, Vision, Values and Behavioral Standards.

### *Additional Qualifications*

- Strong communication and listening Skills
- Comfortable requesting donations
- Working knowledge of knitting and tie blankets
- Knowledgeable about fabrics or willingness to learn
- Friendly people person
- Organized
- Attention to detail
- Demonstrate service excellence

Thank you for considering this volunteer opportunity. If you are interested in becoming a Winona Health Volunteer, please complete an application online at [winonahealth.org/volunteer](http://winonahealth.org/volunteer) or call the Volunteer Office at 507.474.3328.

**WH**Volunteers  
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[www.winonahealthfoundation.org/volunteer](http://www.winonahealthfoundation.org/volunteer) 507.474.3328