



# Therapeutic Recreation Lake Winona Manor

## Position Overview

Volunteers help with therapeutic activities for Lake Winona Manor residents. Activities vary based on the therapeutic recreation schedule and on individual residents. Volunteers may assist with bingo, play cards, read to residents, provide music or entertainment, enjoy one-on-one visits and more.

## Why is this area important?

Residents love interacting with our volunteers. They enjoy one-on-one attention and meeting new people and seeing new faces. The simple act of sitting and chatting with residents has a profound impact. Enjoying activities and visiting with volunteers may help keep resident's minds sharp and improve their quality of life.

**Volunteer Shifts:** Monday-Saturday, flexible hours

## Minimum Requirements

Volunteers are required to adhere to the standard Winona Health Volunteer qualifications, as well as exemplify the Winona Health, Mission, Vision, Values, and Behavioral Standards. Volunteers must be comfortable complying with facility and department policies and procedures, and all federal, state, and local laws.

### *Additional Qualifications*

- Excellent communication and listening skills
- Ability to push a wheel chair long distances
- Friendly, people person
- Organized
- Patient
- Enjoy working with elderly people
- Attention to detail
- Ability to multitask
- Demonstrate service excellence

Thank you for considering this volunteer opportunity. If you are interested in becoming a Winona Health Volunteer, please complete an application online at [winonahealth.org/volunteer](http://winonahealth.org/volunteer) or call the Volunteer Office at 507.474.3328.

**WH**Volunteers  
Winona Health Caring. Serving. Giving.

[www.winonahealthfoundation.org/volunteer](http://www.winonahealthfoundation.org/volunteer) 507.474.3328